FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
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Name and Address of Reporting Person* LYTTON MICHAEL						2. Issuer Name and Ticker or Trading Symbol BIOGEN IDEC INC. [BIIB]									(Check all ap		olicable) ctor		wner
(Last)	(Fi BRIDGE C	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/02/2010									X	Officer (give title below) EVP Corporate &		belov	,
(Street) CAMBR (City)			02142 (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)								i. Indivine)	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
		Tabl	e I - No	n-Deriv	ative	Sec	uritie	es Acc	quired,	Dis	posed o	of, or	Bene	ficia	ally	Owne	ed		
1. Title of Security (Instr. 3) 2. Ti				Date	2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		ction Instr.	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4				nd	Secur Benefi Owner	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
										v	Amount	() (I	A) or D)	Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)
Common Stock 03/0					2/2010	2010			A		10,499	9	A	\$0		21,104		D	
Common Stock 03/02/					2/2010	2010		F		1,112		D	\$57.31		1 19,992		D		
Common Stock 03/02/					2/2010	2010		F		1,123		D	\$57.31		18,869		D		
		Та									sed of, onvertib					vned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	Code (Ins				6. Date E Expiratio (Month/D	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr and 4)		str. 3	Deri Secu	Price of ivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)		Date Exercisa		Expiration Date	Amor or Numl of Share		ber					

Explanation of Responses:

/s/ Aras Lapinskas, Attorney in fact for Michael E. Lytton 03/04/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.